Many of the ingredients in the beauty products you use are potentially harmful. The FDA does not require companies to test their products for safety before marketing. How many of these products have you used today?

Have the beauty products you used today caused you harm?

© Elisabeth Hines 2007

“Learn How to Protect Yourself and Your Loved Ones!”

Visit the Environmental Working Group’s Skin Deep Cosmetic Safety Database

www.cosmeticsdatabase.com

and find out if the products you use on a daily basis may be harmful to you or those around you.

For more information on how to make healthy choices on your life long journey to well-being or to host a ‘Natural Well-being Retreat & Spa’ weekend in your area visit www.mybodycanhealitself.ca